## Monthly Cash Flow Plan

Cash flows in and out each month. Make sure you tell it where to go!

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## Yes, this budget form has a lot of lines and blanks.

But that's okay. We do that so we can list practically every expense imaginable on this form to prevent you from forgetting something. Don't expect to put something on every line. Just use the ones that are relevant to your specific situation.

## Step 1

Enter your monthly Nett Income (this is the money you take home after tax) in the box at the top right (A). This is the amount you have for the month to budget. So far so good, huh?

## Step 2

Within each main category, such as Food, there are subcategories, like Groceries. Start at the top and work your way down, filling out the Budgeted column (B) first. Add up each subcategory and put that number in the Total box (C).

Also, pay attention to Dave's recommended percentages (D). This will help you keep from budgeting too much for a category.

## Step 3

Finally, enter your Nett Income (take-home pay) in the top box at the end of the page ( $\mathbf{E}$ ), then add up all categories and place that total in the Category Totals box (F). Then subtract your Category Totals amount from your Nett Income/Take-home pay. You should have a zero balance (G). Doesn't that feel great?

## Step 4

When the month ends, put what you actually spent in the Spent column (H). That will help you make any necessary adjustments to the next month's budget.


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| $\bigcirc$ INSURANCE |  | Spent | Budgeted |
| :---: | :---: | :---: | :---: |
|  | Life Insurance |  |  |
|  | Health Insurance |  |  |
|  | Homeowner/Renter |  |  |
|  | Auto Insurance |  |  |
|  | Disability Insurance |  |  |
|  | Identity Theft |  |  |
|  | Long-Term Care |  |  |
|  |  | ${ }^{* 10-25 \%}$ | TOTAL |
| $\cdots$ | PERSONAL | Spent | Budgeted |
| $\begin{aligned} & \Delta \\ & \Delta \\ & \Delta \end{aligned}$ | Child Care/Sitter |  |  |
|  | Toiletries |  |  |
|  | Cosmetics/Hair Care |  |  |
|  | Education/Tuition |  |  |
|  | Books/Supplies |  |  |
|  | Child Support |  |  |
|  | Alimony |  |  |
|  | Subscriptions |  |  |
|  | Organization Dues |  |  |
|  | Gifts (inc. Christmas) |  |  |
| $\otimes$ | Replace Furniture |  |  |
| $\otimes$ | Pocket Money (His) |  |  |
| $\otimes$ | Pocket Money (Hers) |  |  |
|  | Baby Supplies |  |  |
|  | Pet Supplies |  |  |
|  | Music/Technology |  |  |
|  | Miscellaneous |  |  |
|  | Other |  |  |
|  | Other |  |  |
|  |  | *5-10\% | TOTAL |



Once you have completed filling out each category, subtract all category totals from your take-home pay.


## Remember -

The goal of a zero-based
budget is to get this number to zero

